



2022 Moo Duk Kwan University Camp | *Schedule of Events* |

Day / Time	General Track	Leadership Track (by invitation only)	Youth	Location
Thursday August 11				
Moo Do Value Theme – Yuk Sa / History				
1:00 PM to 4:00 PM	<i>Lake Mary nature hike (3 miles)</i>			Brighton Resort
6:00 PM to 7:30 PM	<i>Dinner - Orientation and Moo Duk Kwan Heritage Presentation by HC Hwang, Sa Bom Nim, Moo Duk Kwan Kwan Jang Nim</i>			Timpanogos Room
8:00 PM to 9:15 PM	Celebration of our Shared Moo Duk Kwan Heritage Seminar - Steve Diaz SBN			West Lawn
Friday August 12				
Moo Do Value Theme – Chul Hak / Philosophy				
8:00 AM to 8:45 AM	Moo Pahl Dan Khum - Brian Corrales SBN			West Lawn
8:45 AM to 9: 15 AM	<i>Breakfast on your own</i>			
9:30 AM to 10:45 AM	Seminar by HC Hwang Sa Bom Nim, Moo Duk Kwan Kwan Jang Nim			West Lawn
10:45 AM to 11:00 AM	<i>Break</i>			
11:00 AM to 12:00 PM	Fundamentals of Stance - Stinehour SBN	Leadership Seminar - Corrales SBN		West Lawn
12:00 PM	<i>Lunch - Moo Do Chul Hak - Diaz and Corrales Sa Bom Nim</i>			Timpanogos Room
1:30 PM	Leadership Track drive to mountains			
2:00 PM to 3:15 PM	Founder Hwang Kee's "Sun Sok Mi" - Corrales Sa Bom Nim	"Everywhere is a dojang" - Whitcomb SBN		West Lawn Mountains
3:15 PM to 3:30 PM	<i>Break</i>			
3:30 PM to 4:45 PM	Hyung Fundamentals - Diaz SBN and Stinehour SBN	"Everywhere is a dojang" - Whitcomb SBN		West Lawn Mountains
5:00 PM to 8:00 PM	<i>Dinner on your own</i>			
8:00 PM to 9:15 PM	Moo Duk Kwan Kicking - Corrales SBN			West Lawn
Saturday August 13				
Moo Do Value Theme – Jun Tong / Tradition				
8:00 AM to 8:45 AM	Moo Pahl Dan Khum - by Andy Hamer SBN			West Lawn
8:45 AM to 9: 15 AM	<i>Breakfast on your own</i>			
9:30 AM to 10:45 AM	Self Defense Principles - Whitcomb SBN	Seminar by HC Hwang Sa Bom Nim, Moo Duk Kwan Kwan Jang Nim		West Lawn
10:45 AM to 11:00 AM	<i>Break</i>			
11:00 AM to 12:00 PM	Evolution of Moo Duk Kwan Sparring - Daymon Kenyon SBN			West Lawn
12:00 PM to 1:30 PM	<i>Lunch - Moo Duk Kwan Reflections - Diaz SBN, Corrales SBN and Mitchell KSN</i>			Timpanogos Room
1:30 PM to 2:00 PM	Youth Drive to mountains			
2:00 PM to 3:15 PM	"Neh Gong Bup" in Action - Corrales SBN	Multiple Opponent Sparring - Daymon Kenyon SBN	Advanced Kicking - Diaz SBN and Stinehour SBN	West Lawn West Lawn Mountains
3:15 PM to 3:30 PM	<i>Break</i>			
3:30 PM to 4:45 PM	Review - Heritage Liaison Team	Seminar by HC Hwang Sa Bom Nim, Moo Duk Kwan Kwan Jang Nim	"San Hun Ryun" Training - Whitcomb SBN	West Lawn West Lawn Mountains
5:00 PM to 8:00 PM	<i>Dinner on your own</i>			
5:00 PM to 6:00 PM	Women in the Moo Duk Kwan Seminar (all ranks and ages) - Burris SBN			West Lawn
6:00 PM to 8:00 PM	Women in the Moo Duk Kwan Dinner - RSVP only			
8:00 PM to 9:15 PM	Moo Duk Kwan Hyung - Heritage Liaisons			West Lawn
Sunday, November 7th				
Moo Do Value Theme – Discipline/Respect				
8:00 AM to 8:45 AM	Moo Pahl Dan Khum - Steve Diaz SBN			West Lawn
	<i>Break</i>			
9:30 AM to 10:30 AM	Seminar by HC Hwang Sa Bom Nim, Moo Duk Kwan Kwan Jang Nim			West Lawn
12:00 PM	<i>Farewell</i>			